The Art of Being a woman

The art of being a woman It's like crawling out of a cocoon and flourishing into a moth Even as a caterpillar, we learn the beauty that lies within us People tell us "Oh don't worry, you'll become a beautiful butterfly that soars through the sky effortlessly" But as years go by and our bodies start to contort, our limbs stretch, and our hips expand like bubblegum We start to notice the way birds glare at us with their hungry eyes The way their eyes follow our bare skin The art of being a woman is crawling out of your temple because you don't feel seen Filled with precious gold, silver, and life And instead of appreciating the glimmer that lies within us, we mistake it for vanity The art of being a woman is feeling like you're an overused object The birds and bees welcome you into their flowery home "We are your friends, you can trust us," they say The bees offer their sweet nectar You take it A second later the bird is consuming you whole The art of being a woman is tearing your wings apart because you don't look like the other butterflies Each caterpillar has its peculiarities Colorful spots, enchanting patterns, a silky texture Yet you want to be like the rest All bones and no color Lifeless, dull eyes A hypnotizing body The art of being a woman is no art at all It is simply a tragedy

The unseen

I notice what is not known

The way sun rays light up honey-glazed eyes

A paint brush stroking gently on paper

Trees dancing with the wind

Birds flying in one direction and then the other

Now I lay here staring into the abyss of nothingness

The music stops The beauty within art diminishes I don't see an infinity of possibilities between the stanzas All I see is a barren land with dull people Colorless eyes follow me from behind Hysterical laughs fill my ears Once you perceive the world in this way, you cannot stop The truth is inevitable Yet the world is filled with oblivious people The 1% that can see the truth live in a comedic paradox We cannot be fooled by the lies society offers us Absorbed by the misery of others and our own How do we get out of it? Some turn to obsessive compulsions Others like myself, write away the pain Write what cannot be said out loud I notice what is not known And now I'm stuck with this curse for eternity

Broken love

When I think about love, nothing comes to mind I grew up in a household where love was blind Two souls intertwined You leave everything behind You stare into each other's eyes and bind Hearts touch and become refined Two minds become one and are aligned How can my heart unwind? My body is confined My love is always outshined The little girl whined and whined "When will another soul be kind?"

<u>Her</u>

She comes into this world with too much to say, yet she is shut down by people who don't know her

Her beauty is of a goddess Her melanin shines in the sunlight She is bold She is free She is outspoken But she is not seen When she rose up from the ashes, she was told, "Hush, you cannot speak because your words are too loud." "Hide your scars because no one wants to know your battles." She does not listen to the them and instead she embraces her flaws Her body is created from stories of her ancestors Her mind is filled with generational wisdom Her soul comes from mother nature She is not just one girl, She is every girl that has been told to be quiet But our silence is not obedience We are not inferior We are resilient We come from Persophones womb The creation of serenity and darkness The barrier between inequality and injustice is broken We are capable of moving mountains with our bare hands We are capable of being seen She will not be told to be quiet She will not be told to hide Because our strength derives from the moon Our beauty comes from Aphrodite We're supernova stars ready to implode onto this world Our words strike like war Our voices will be heard and not declined